



THE DELTIN

HOTEL • DAMAN

ACE YOUR FITNESS GOALS WITH

THE GYM

EXCLUSIVE MEMBERSHIP

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✉ Varkund, Nani Daman, Daman (UT) – 396210



Located in the quiet and serene environs of **The Deltin Daman**, **THE GYM** is fully equipped with state of the art workout equipment that take care of all your fitness needs.

From functional training machines and free weights sections to treadmills, bar racks and cross trainers our gymnasium has it all! It is the ideal place to walk out feeling pumped after a power packed workout session, whether it is weight training, stretching, aerobics or pilates!

We make sure that you never miss out on your healthy regime, and that is why we have a free, tailor made **'Get Started Plan'** for every member, provided at the time of joining. Also, our on-site personal trainers are always available to assist you on your fitness journey with customized consultation sessions and individual workout routines.

PROGRAMME HIGHLIGHTS

Personalized Trainer

Complimentary access to Steam Room

One Complimentary Room Night (For Couple Membership only)

Complimentary Access to the Swimming Pool
(For Member and Family Only (2+2) except Friday & Saturday)

Every Month, One Free Consultation with Nutritionist/Dietician

DEN - Game Zone

State-of-the-Art Facilities

Exclusive Membership Discount

25%
off

Best Available Room rate
Spa Therapy
Food & Beverage
The Pastry Shop

ANNUAL MEMBERSHIP FEES

Single: Rs 25,000 + Tax

Couple: Rs 45,000 + Tax

